## **Request for Letter of Recommendation (Counselor Brag Sheet)**

To help your counselor write an accurate, interesting college recommendation letter for you, please complete this form and return it to your counselor when you submit your Transcript Request form.

## Answer ALL questions. Please type or neatly print your answers on a separate piece of paper.

The more information that you provide, the better your counselor can support you in his/her letter.

- 1. Birthplace:
- 2. If you were not born in the US, when did you come to the US?
- 3. Who do you live with? Do you have any siblings?
- 4. Has anyone in your immediate family attended college in the US?
- 5. What do your parents do for a living?
- 6. What career or major are you thinking about pursuing?
- 7. What five words would you use to describe yourself, and why?
- 8. What do you consider to be your academic and/or personal strengths, and why?
- 9. Give two examples of how you demonstrated strong character.
- 10. Describe your greatest success or something that you are most proud of accomplishing
- 11. Are there any special circumstances that affected your academic performance in high school (ex: divorce, death in family, frequent moves, health, etc.)? Please explain.
- 12. If you were writing your own recommendation, what personal information would you include to show your uniqueness?
- 13. What has been a highlight of your high school career? What have you disliked about high school?
- 14. Who has had the greatest impact on your life? Explain.
- 15. What do you do for fun? What are you passionate about?
- 16. Please give me the names of several (at least 3) teachers/coaches, who know you well. I plan to contact these teachers for feedback.